

PIRANHA SWIMMING

DARIEN, CONNECTICUT

APRIL 23, 2018



Practice Updates This Week

M 23	DRYLANDS START THIS WEEK
S 3	Maia and House ONLY 845-930am.

MEMBERSHIP CARDS

Please all Piranha Swimmers MUST swipe their membership card at the welcome desk before entering the locker rooms. Kids without cards may be turned away.

LEAVING PRACTICE EARLY

If your swimmer must leave practice early, please send a note with your swimmer to give to the coach.



MEET INFO THIS SPRING/SUMMER

As of 4/23, we are confirmed as entered in the following meets:

Wilton Distance Meet	5/11
SMST Pentathlon	5/12
GRYM Invite	5/18-20
Zeus 9/u Meet	6/1
CT Y States	6/1-3
WRAT 9/u Invite	6/7

We are still waiting to hear about the CPAC Meet (6/15-16) and the WHAT Last Chance Invite (7/21-22).

*****PLEASE CHECK THE ENTRIES POSTED ON THE HOMEPAGE SO YOU KNOW WHAT YOU ARE SIGNED UP FOR!**

STAYING HYDRATED DURING PRACTICE

Please remind your swimmers to bring water bottles to practice. As the warmer weather approaches, swimmers can get dehydrated much sooner than they expect.

PIRANHA BANQUET

This year's Piranha banquet was a great success as always! A big thank you to Sharon Parr and her crew of Lori Gianukakis and Neenu Sharma for organizing a wonderful night, and to Lisa Costello for securing the room at Wee Burn CC.



Good luck to our graduating seniors: Vittorio Marin, Chris Zhang, Oliver Rus and Madison Aponte!

Quote of the Week

"Diligence is the mother of good luck."

Benjamin Franklin

