

# PIRANHA SWIMMING

DARIEN | JANUARY 7, 2019 | YMCA



## FIRST MEET OF THE NEW YEAR A SUCCESS!!

The Piranhas started out the new year with a great showing this past weekend at the SMST Snowball Classic. The Piranha 8-12 year olds came off the Christmas break with fire in their eyes and ice in their veins!! Above all the awesome swims and best times this weekend, what I was most proud of was the the support the swimmers had for each other. They embodied what it meant to be great teammates and part of #OneTeam. Too many best times and great swims

to write about but I have to mention Tolga Yasseniel, Zofia Zalewski and Julia Desai. These were our three 8 year olds who swam this past weekend and took on the challenge of "swimming up" against older kids. Awesome job to all the Piranhas! As always, thanks to our volunteer timers and officials. You help make our program great!! Longer write-up and results will be posted on-line. ~ Henk

### CONTACT INFO.

Henk –

[piranha@darien-ymca.org](mailto:piranha@darien-ymca.org)

Mary –

[swimadmin@darien-ymca.org](mailto:swimadmin@darien-ymca.org)

Liz –

[lblau@darien-ymca.org](mailto:lblau@darien-ymca.org)

Michael –

[mjordan@darien-ymca.org](mailto:mjordan@darien-ymca.org)



### Friday January 11<sup>th</sup> Practice Schedule

P120 – 4:45-6:45p

P105–(D4-4:45p) 4:45-6p

P90–(D4-4:45p) 4:45-6p

Junior – 6:00-7:30p

Neptune – 6:15-7:30p

Nautilus – 6:30-7:30p

Maia – 6:00-6:45p

More practice updates on the next page.

**PIRANHA HOCKEY NIGHT AT THE BRIDGEPORT SOUNDTIGERS!!!**

All Piranha family members, siblings and friends are invited. Tickets package is \$25 which includes game ticket, hamburger, tenders or hot dog and a soda or water. [Ticket purchases are on-line](#) and tickets will be left at will-call. This is always a fun event for the whole family so I encourage everyone to consider coming out to the game!!



"Funny thing about life – if you refuse to accept anything but the best, you often get it."

~ Somerset Maugham

**WATER BOTTLES!!!** Please send your swimmer to practice with a water bottle. I can't stress enough how important it is to stay hydrated during practice.

**PRACTICE UPDATES**

**1/9**

P120 practice 3:45-6:00p. All other groups at the regular time

**1/10**

P120/P105 practice 3 - 4:45p. P90 practice 7:30-9:00p.If P120/P105 can't make early go w/ P90.

**1/11**

Due to TOPS event at the Y a modified practice schedule will be offered. See practice changes on front page.



**MEET SIGN UP DEADLINES**

Fri-Sat 1/18-19 - 13/over Y States

**1/7 deadline [GOOGLE DOC](#)**

Sat-Sun 1/26-27 - 9-12 yr old Y States

**1/9 deadline [GOOGLE DOC](#)**

Th 1/31- GYWD One Stop Qualifier

**1/17 deadline – [Google DOC](#)**

Wed 1/23 – Blue v Yellow Intrasquad #3

**1/21 deadline [GOOGLE DOC](#)**