FALL 2020 STROKE CLINIC AUG. 31-SEPT. 3





COME JOIN A FIRST CLASS SWIM TEAM AT THE DARIEN YMCA

The Darien YMCA Piranha Swim Team offers children and teenagers of Darien and the surrounding communities the opportunity to work with trained coaches to improve skills, endurance and promote a healthy lifestyle. Participants build character values through personal improvement, training, goal-setting, teamwork and competition.

Prospective Piranhas and House swimmers MUST particiapte in the Fall Clinic as an evaluation. Those who attend the clinic are not guaranteed placement.

Members: \$110, Non-members: \$170

Henk Jansen

203.655.8228 x1397 piranha@darien-ymca.org www.darien-ymcapiranha.org

Schedule

Age 9/Under

Monday - 5:40-6:25p Tuesday - 5:40-6:20p Wed - 5:40-6:25p Thursday - 5:40-6:20p

Age 10/Over

Monday – 4:45-5:30p Tuesday – 6:25-7:05p Wed – 4:45-5:30p Thursday – 6:25-7:05p

Darien YMCA

2420 Post Road Darien, CT 06820 203.655.8228

Financial assistance is available