

PIRANHA SWIMMING NEWSLETTER



DARIEN | JANUARY 27, 2020 | YMCA



PIRANHA
NEWSLETTER

Can be found on-
line as well.

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MEDIA

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SAVE THE DATE – SATURDAY FEBRUARY 8TH

For the seventh time since 2006, the Piranhas will be bringing in an Olympian to work with the Piranhas. Katie Hoff, a 2004 and 2008 Olympian, 3 time Olympic medalist, former World Record holder and 9 time World Champion will be visiting the Piranhas on Saturday February 8th!! This is an awesome event you will not want to miss!! Please note this event is for Piranhas only. Friends and siblings can attend the talk/autograph session ONLY.

Clinic Schedule

9:45-11a - in-water w/ 12/overs

11:15-12:30p – talk, autographs and pictures in Comm. Room

12:45-2p - in-water w/ 11/unders

Swimmers will be in the water with Katie, the Team will provide autograph picture cards, but kids can bring their own items as well.

Swim Challenge
Make-up Date

FRIDAY JANUARY
31ST

8/Under Y STATE MEET
@ Greenknolls Aquatic Center
Brookfield, CT
February 2 ONLY

Attire: Blue Team t-shirt, Team suit, yellow caps

Girl's Session

Warm-up 8:00a, Start 9:00a

Boy's Session

Warm-up 11:00a, start 12:00p



"If you're not breathing heavy, then why are you here?"

~ Josh Davis

Did you know?

The first Olympian to visit the Piranhas was 2000, 2004 Olympian Diana Munz back in 2006.

PRACTICE UPDATES

1/30

No practice for P90/P105/P120 due to GYWD Meet.

2/8

No practice for Maia, Nautilus, Jr and Neptune due to Olympian visit.

2/5

Intrasquad #3, no practice after 5:30p. Dry lands still on for P120 or any 13/Over not in the meet.



ARE YOU READY FOR THE CHALLENGE!!

Two down, one to go!! Please note a make-up has been scheduled.

SCHEDULE

Fri 1/30 - P120 - 4:45-7:45p

Make-up Day

Fri 1/30 - 4:45-7:45p