

Piranha Break Trivia

What was the date of the last swim practice before we went on break?

What was the prize for completing the first two week of the 13/Under Challenge?

What was the prize for completing the 3rd week of the 13/Under Challenge?

What's address of the Darien YMCA?

What is Henk's dog's name?

What was the first Olympic video Henk posted on the Piranha webpage?

What was the first exercise listed on the first day of the 13/Under Challenge (after the warm-up)?

Which Olympic race did Henk deem the "Original Comeback"? (hint it was posted this way in an email)

What is Henk's favorite Olympic moment? (Hint he posted it in an email to the parents)

Who barges in, often, on Henk's workout videos? (there are 2 answers)

What's app is used for the Piranha meet ups?

When was the first swim team at the Y established?

How long has Henk been the Head Coach and Director of the Piranha Swim Team?

Who is the only swimmer to qualify for the Olympic Trials as a Piranha?
What year?