

The Darien YMCA Piranha's competitive swim program offers children and teens an opportunity to work with trained coaches to improve swimming skills, endurance, and promote a healthy lifestyle. Participants build character values through personal improvement, training, goal-setting, teamwork, and competition.

2020 WINTER EVALUATION CLINIC November 23-25

Fee \$80 members \$150 non-members

The clinic is available to children 6 to 16 years old. Plan to attend all 3 days



CLINIC RUNS:

Mon 11/23 6:00-6:45 PM Tues 11/24 4:45-5:30 PM Wed 11/25 3:00-3:45 PM

Henk Jansen, Head Coach piranha@darien-ymca.org 203.655.8228 ext. 1397

DARIEN YMCA

2420 Post Road, Darien, CT 06820 203.655.8228

To learn more visit

www.darien-ymca-piranhas.org/stroke-clinics/

Financial assistance is available.

Prospective Piranhas must participate in the Winter Clinic as an evaluation. Swimmers who attend the clinic are not guaranteed placement on the Team or in the House program.