

# PIRANHA SWIMMING



**DARIEN | NOVEMBER 3, 2019 | YMCA**

## **MEETS, MEETS, MEETS!!!!**

### **12/Under Piranha Meet, 11/20 @ Darien YMCA**

Warm-up 4:15p, Start 4:45p, Volunteers: see homepage for Google Doc

### **13/Over 1000 Freestyle, 11/20 11/20 @ Darien YMCA**

Warm-up 5:30p, Start 6:00p, Volunteers: Swimmer need their own timers

### **Wilton Y Thanksgiving Meet, 11/22-11/24 @ Wilton YMCA**

Please note that this is a trials/finals meet. The top 12 in the prelims for each 11/Over event will return in the evening for finals. As is Team policy, if you make finals, you swim finals. Please clear your calendars just in case. 10/Unders only swim once in the afternoon, no finals for them.

#### **Friday Evening 13/Over Distance Session**

Warm-up 3:30p, Start 5:00p, Volunteers: TBA

#### **Saturday and Sunday 13/Over Preliminary Session**

Warm-up 7:00a, Start 8:30a, Volunteers: TBA

#### **Saturday and Sunday 9-12 yr Old Preliminary Session**

**UPDATED** - Warm-up 12:00p, Start 1:00p, Volunteers: TBA

#### **Finals Sessions 11/Overs**

Saturday Finals 11/Overs, Warm-up 5:00p, Start 6:00p, Volunteers: TBA

Sunday Finals 11/Overs, Warm-up 4:30p, Start 5:30p, Volunteers: TBA

Attire FOR ALL MEETS: Team suit, team t-shirt, yellow Piranha caps

**PIRANHA  
HOMEPAGE**

**Keep an eye out for  
those meet sign-up  
deadlines!**

**PIRANHA SOCIAL  
MEDIA**

[YouTube](#)

[Facebook](#)

[Instagram](#)

[Twitter](#)



**THANKSGIVING  
WEEK PRACTICE  
CHANGES  
DETAILED ON  
THE BACK OF  
THIS  
NEWSLETTER**

# November Practice Schedule 18th -30th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Regular Practice 18	Regular Practice 19	Piranha Meets No practice for any group 20	Swimmers @ Friday of Wilton - 6:30-8:30p or Regular Practices 21	WYW 13/Over - 400 IM/50 Free or Regular Practice 22	Wilton Thanksgiving Meet No practice except for House 23	Wilton Thanksgiving Meet 24
P120 - 4:00-6:15p P105 - 4:00-5:30p P90 - 4:00-5:30p Nep - 6:15-7:30p Jr - 6:15-7:30p Nautilus-6:15-7:15 Maia - 5:30-6:15p House - 5:30-6:15p 25	Regular Practice House - OFF 26	P120 - 3:00-5:15p P105 - 3:00-4:45p P90 - 3:00-4:30p Nep - 4:45-6:00p Jr - 4:45-6:00p Nautilus-4:30-5:30 Maia - 4:30-5:30p House - OFF 27	P120/P105 6:30-8:00a 28 - Thanksgiving 29	OFF 29	P120 - 6:30-8:30a P105 - 6:30-8:30a P90 - 6:30-8:30a Neptune -8:45-10a Neptune -8:45-10a Nautilus - 8:45-10a Maia - 8:45-10:00a House - OFF 30	OFF 1