



# PIRANHA ONE DAY POWER HOUR CLINICS

- Open to all P90, Junior, Nautilus and Maias.
- Clinics will be taught by P120 and P105 swimmers!!
- Sign-ups will be posted on the practice Google Docs the week of the clinics.
- Sign-up just like it's a normal practice.



**Fridays April 30<sup>th</sup>, May 29<sup>th</sup>, June 18<sup>th</sup>**

**5:30-6:30pm**